

SEND UPDATES

Feedback from Parents Coffee Afternoon.

We had Will Munton (WTT) as a speaker at our Parent Coffee Afternoon at our school last term. The response from the session was excellent:

100% felt that the session was very useful.

100% felt that the delivery of the session was excellent.

100% felt that they took something away from the session.

Some parent comments after the sessions: "Felt relaxed." "It gave us a good insight into autism and how to try and work with our child."

We have another Parent Coffee Afternoon scheduled this term to which you are all welcome to attend. There will be tea, coffee, cakes and biscuits on offer, how can you say no to that?

Please see the information about the next Parent Coffee Afternoon to the right of this page.

SEND Surgeries with parents.

Thank you for all those who attended the SEND surgeries that were at the beginning of last term. It was lovely to speak to you all.

Due to the success of these, we will be ensuring these are a regular feature. I will continue to keep a complete week free each large term for you to be able to book a 30-minute appointment with me. These will be scheduled for the first week after each half term. Therefore, SEND surgeries will take place three times a year. Please ring the office before these times to book an appointment. The next one will be w/c 3^{rd} June.

Please note that you can still arrange to meet with me at any point throughout the year, and not solely within the SEND surgeries. You are also able to contact me at any point via email: <u>senco@ls.keystonemat.org</u>.

IMPORTANT DATES

10th June 2024 14:00 – 15:00 at Long Sutton. SEND Coffee afternoon with Educational Psychologist (EP), Lise. Join us with an external agency speaking about 'Supporting with managing challenging behaviours at home'.

Lise Griffith will be providing advice and strategies to help support your child at home. She will also be available to speak to answer any questions you may have.

10th July 2024 15:30 – 16:30 SEND Parents Evening An opportunity to discuss progress and IEPs with your child's class teacher.

SCHOOL WEBSITE

Don't forget to take a look at the SEND section of our school website. Here you will find SEND documentation and links to outside agencies. <u>Special Educational Needs and</u> <u>Disabilities at Long Sutton Primary</u> <u>School</u>

FREE LINCOLNSHIRE PARENT CARER FORUM (LPCF) WORKSHOPS

Supporting Learning in the home

Monday 13th May 2024 at 7:00 - 8:00pm (virtual)

A free, online workshop, sharing strategies to support learning.

Open to all parents who would like ideas on supporting their child(ren) with reading, spelling, maths, memory and organisation.

The workshop is aimed at supporting children from Reception to Key Stage 3 who have cognition and learning difficulties, although parents/carers of older children may wish to attend.

Places are FREE to parents on the LPCF membership.

Please book your place above by 3rd May using the link below.

Registered members ONLY (free to join) - LPCF Booking (lincspcf.org.uk)

Supporting your child's behaviour at home

Monday 20th May 2024 at 7:30 – 8:30pm (virtual)

LPCF are excited to invite you to an essential workshop titled "Supporting Your Child's Behaviour in the Home".

This webinar is brought to you by the Lincolnshire Behaviour Outreach Service (BOSS), in collaboration with LPCF. The focus of the webinar is to provide you with strategies to manage your child's behaviour at home and reduce the risk of going into crisis. BOSS is renowned for its excellent work in offering targeted support for children, staff training, coaching, and parental support.

This is a fantastic opportunity especially for parents and carers of children with SEND. Professionals working with children with SEND and are part of LPCF membership, can also benefit greatly from this event.

Places are FREE to parents on the LPCF membership. Please book your place above by 15th May using the link: <u>LPCF Booking (lincspcf.org.uk)</u>

FREE MEMBERSHIP

To access these and many more workshops and fantastic support, click on the link to register for FREE: <u>https://www.lincspcf.org.uk/P_Subscribe.php</u>

USEFUL CONTACTS

SEND Local Offer SEND Local Offer – Lincolnshire County Council

ADHD Lincs

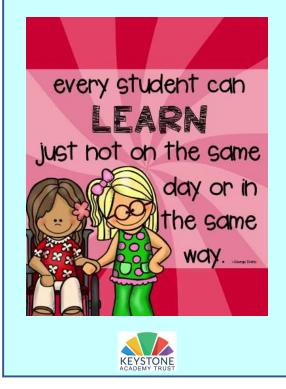
ADHD Lincs is a registered charity which provides support and information to families and individuals who are living with Attention Deficit Hyperactivity Disorder (ADHD) and associated learning differences. They are committed to raising awareness of ADHD and educating the public and professionals about the impact of ADHD to realise their full potential. <u>www.adhdlincs.org</u>

Sleep Seeker



If you are a parent of a child with ADHD and experiencing extreme or regular sleep disruption and tiredness, **you are not alone!** Sleep is central to a

INSPIRATIONAL QUOTES





VIRTUAL AUTISM HUB

WHAT IS THE VIRTUAL AUTISM HUB?

The Virtual Autism Hub is an innovative source of all age autism support to empower autistic people and their parents/carers. We work closely with community groups and organisations to strengthen support for autistic adults, children and young people and parent/carers, increasing the range, breadth and reach of these groups.

We have Specialist Autism Navigators who work directly with people across the county to help them access statutory services and other local support. This support is non-clinical and includes advice, signposting to local groups and services, information about autism and diagnostic pathways, as well as some practical support with things like filling out forms or accompanying to first meetings.

WHAT IS THE PURPOSE?

To enhance the non-clinical community support available to autistic people of all ages and their parent/carers. Their funding comes from Lincolnshire ICB (Integrated Care Board, previously called CCG) whose job is to plan services & allocate the NHS budget i.e. commission services.

WHAT ARE THEIR ORIGINS?

Lack of support available to many autistic adults & parent/carers who have low-level needs.

Lots of people on waiting list of diagnosis, needs might increase while waiting.

Little information & advice available after diagnosis aside from a few unfunded, overstretched, volunteer-led support groups.

So sometimes problems get worse & family enters crisis unnecessarily.

Their services go beyond statutory requirements.

Model co-produced with local autism community e.g. community members gave a strong steer that diagnosis shouldn't be needed to access Virtual Autism Hub.

HOW CAN THEY HELP?

- 1. Will provide info & advice about statutory services & voluntary sector support.
- 2. Practical help e.g. accompany people to initial meetings, assist them to fill in forms.
- 3. Service for autistic adults & parent/carers of autistics of all ages.
- 4. Open door policy, no referral needed.
- 5. Step in, step out support as needed. Can return to service with future issues.



AVAILABILITY

- A Specialist Autism Navigator will be on duty Mon-Fri 9am-5pm.
- Available for appointments if needed weekday evenings & Saturday.

LIMITS TO SERVICE

- Support for parent/carers & autistic adults only, not professionals.
- Not a clinical, emergency or crisis service.
- Can't 'case hold'.

HOW CAN I CONTACT THEM?

Email: <u>lpft.virtualautismhublincs@n</u> hs.net

Phone:

01522 458588 Phone calls are monitored less frequently than our inbox, e-mail is the primary area for contacting them.

Address:

Virtual Autism Hub LPFT Unit 3, Trust HQ St George's Site Long Leys Road Lincoln LN1 1FS